



"Sing for Jesus and Let the World Feel His Power!"

Metro Praiz News

April 2002

Are You?

Submitted by Novella D. Smith

"It is in the knowledge of the genuine conditions of our lives that we must draw our strength to live and our reason for living."

—Simone De Beauvoir

For me, this quote means that we all have choices to make as a result of the situations or conditions that appear in our lives—good or bad. We can either 'grin and bear it' or let the Devil get to us. The apostle Paul says in Philippians 4:11, "Not that I speak in respect of want: for I have learned, in whatever state I am, therewith to be content." What else can we do except to be content? If we don't try to stay content and stay focused on Christ and His divine plan for us, then we are totally messed up. Meditate on this quote. Think about **not** what it means to me, but what it means to **you**.

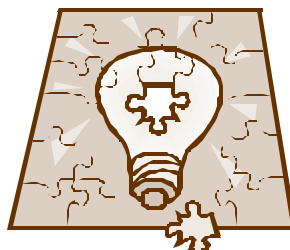


Trusting God

Submitted by Kevon Mark Aaron

Praise the Lord! Finally, I've learned to give God my everything. The little piece that we tend to hold back, 'I will hold back a piece of the puzzle just in case God doesn't come through for me.' That is the piece of the puzzle that God wants from us to complete the picture. If we don't give him everything in our lives, he will not be able to bless us fully and establish his full will for our lives.

Choir; continue to give Him your all as you minister in music for you have yet to touch many lives with your beautiful voices. There is a blessing in store



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AND HE SHALL BE CALLED...

- ♦ *Wonderful Counselor...
Isaiah 9:16*
- ♦ *Light of the World...John
8:12*
- ♦ *Son of Man...Matthew 20:28*
- ♦ *Bread of Life...John 6:35*
- ♦ *Only Begotten Son...John
3:16*
- ♦ *Faithful and True Witness...
Revelations 3:14*
- ♦ *Living Water...John 4:10*
- ♦ *The Way, the Truth, & the
Life...John 14:6*

Give Thanks for the Blessings...

Submitted by Terri Joseph



I joined the choir in March 2001. My first experience was being selected to sing at Youth Congress in Indiana, Indianapolis; because I was a new member of the choir,

I had no idea I would be selected but I was. As time passes by, I meet and talk with several members of the choir and as a result I have become friends with four beautiful, fun loving women. These women have been a major blessing in my life-whether they realize it or not. The women I speak of are Gillian Thomas, Dell Jones, Barbara Smith and Novella Smith. I want to say Thank You and a Wish nothing but God's abundant blessings on you all! I LOVE you and hope we will remain FRIENDS forever.

Now one year has passed since joining the choir and if anyone had told me last year that I would be the Assistant Secretary for choir, I wouldn't believe them! The Lord has a work in store for me-maybe this is it! He has a Divine plan for me to reach others through my involvement with the choir. It has been an interesting

Happy Birthday and Best Wishes to all members who celebrated a birthday in April.

Families

Submitted by Terri Joseph

Families are chosen by our Father above given to us in this life to love.

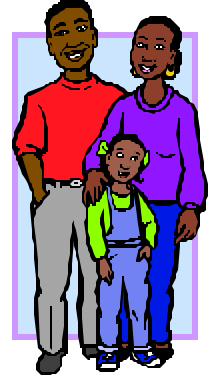
If things don't go well with friends that we choose. Our friendship we know we could always lose.

But do we give our family the same respect? I think not, no wonder they get so upset.

Our families are precious in life, they're the best part. So don't do and say things that upset the cart.

If you've said or done something that's got them upset. Tell them you're sorry put the bad feelings to rest.

If they have upset you tell them how you feel.



Upcoming Performances—Remember all times are subject to change

April 13, 2002

Youth Day—Metro Church

Featured Talent: Claudette Smith

Afternoon—Time to be determined

Takoma Park Church, Evening Service

April 14, 2002—Time to be determined

A Taste of Takoma Park City Festival

On the grounds of CUC

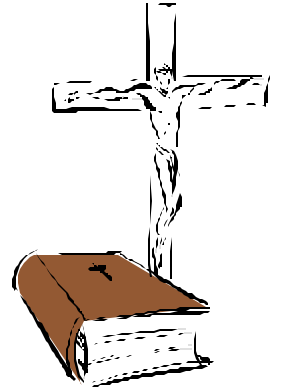
Remember that we are being watched! We don't want our ministry to be frowned upon because of our behavior.

Lets get it together people...we're being watched, not just by church members, but by God too!

The Saving Story

Submitted by Bethany Anderson

It all began before the world was here, the war between Jesus and Satan;
The devil was furious, yes he was, he was determined to get rid of Jesus;
But he did not win, and that only got him angrier, he left and came to earth to be with
us;
To get us to steal and lie and cheat, so Jesus would love us less and less;
Gratefully, Jesus loves us, weather or not we've done our best;
You see because He and His Father had made an agreement when they were creating the world;



The Lord said, " I think we need a back up plan to keeping my children happy."

"I know!" Jesus said, "I'll go down as a human, and save them from their sins!"

God looked at His one and only Son in a special loving way;

"You'd do that for my other children?"

"Yes, I'd even die for them." Jesus said with a solemn look;

"Then that's what you'll do. You will die for them." His Father said, as He pulled down the Book of Life;

He wrote, 'Today my Son has agreed to die for my children.'

Many, many, many years later Jesus came down to teach, and live among man;
The devil, remembering what had happened in the past, had a plan;
He knew about Jesus planning to die for all mankind, but what if, what if he got Him to sin just once?
Satan tried and he tried, but no matter what, the Son wouldn't fall;

Satan said, " Plan B, keep Him dead and no one will get saved!!!"

The day of Jesus' death came, the war was on again!
All the devil had to do was keep him dead;
All Jesus had to do was rise again;
Day one, Satan's point;
Night one, Satan's point;
Day two, Satan's point;
Night two, Satan's point;
Day three... the fight gets more serious;
The devil... no the Lord... no the devil... no the Lord....
On and on minute after minute until... Jesus wins!!!!
The devil shamefully looks away from the hero;



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A part of Metropolitan Seventh-Day Adventist Church

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Your home/family tag line here.



This would be a good place to insert a short paragraph about your organization. It might include the purpose of the organization, its mission, founding date, and a brief history. You could also include a brief list of the types of products, services, or programs your organization offers, the geographic area covered (for example, western U.S. or European markets), and a profile of the types of customers or members served.

It would also be useful to include a contact name for readers who want more information about the organization.

Back Page Story Headline

This story can fit 175-225 words. If your newsletter is folded and mailed, this story will appear on the back. So, it's a good idea to make it easy to read at a glance.

A question and answer session is a good way to quickly capture the attention of readers. You can either compile questions that you've received since the last edition or you can summarize some generic

questions that are frequently asked about your organization.

A listing of names and titles of managers in your organization is a good way to give your news-

letter a personal touch. If your organization is small, you may want to list the names of all employees.

If you have any prices of standard products or services, you can include a listing of those

here. You may want to refer your readers to any other forms of communication that you've created for your organization.

You can also use this space to remind readers to mark their calendars for a regular event, such as a breakfast meeting for vendors every third Tuesday of the month, or a biannual charity auction.

If space is available, this is a good place to insert a clip art image or some other graphic.



Caption describing picture or graphic.