



METRO PRAIZ NEWS...

Sing for Jesus and Let the Whole World Feel His Power!



July 2001

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We've had quite a year...

Not only have we ministered locally, we've sung out of state too! In Delaware, New York, Indianapolis—where we came in 3rd, sorry, was that 2nd, at Youth Congress. And more recently at Camp Meeting, Pine Forge, PA. We're on a mission to spread the word through the gift of music. God has richly blessed us!

We have several members who have completed their education—Neitha and Angela Harris, Haisha Thompson, Sa-mois McLaren—to name a few. We've seen the goodness of the Lord in Dell Jones who had difficulty with her sight earlier this year, we've had some folks who have left us for internships and new jobs—as I said, the Lord has richly blessed us.

We certainly can not celebrate our success without acknowledging our band members—Brue, Carl and Andre. We thank you!

Merci

Miguel, this is for you—the Members of Metro Praiz can't thank you enough for



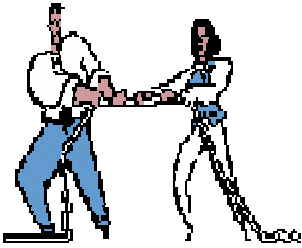
Attitude

You can only control 2 things—your attitude and your activity

The longer I live, the more I realize the impact of attitude on life. Attitude, to me, is more important than the past, than education, than money, than circumstances, than failures, than successes, than what other people think or say or do. It is more important than appearance, giftedness or skill. It will make or break a company...a church...a home. The remarkable thing is we have a choice every day. We cannot change our past...we cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one string we have, and that is our attitude...I am convinced that life is 10 percent what happens to me and 90 percent how I react to it. And so it is with you...we are in charge of our attitudes."

—Charles Swindoll

Be on the level and you won't go downhill



God doesn't put
more on you than
you can bear!

Necessary Struggles

I asked for Strength... And God gave me difficulties to make me strong

I asked for Wisdom...And God gave me problems to solve

I asked for Prosperity...And God gave me brain and brawn to work

I asked for Courage...And God gave me danger to overcome

I asked for Love...And God gave me troubled people to help

I asked for Favors...And God gave me opportunities

I received nothing I wanted

I received everything I needed

Sometimes struggles are exactly what we need in our life. If God allowed us to go through our life without obstacles, it would cripple us. May the desires of your heart come true and you experience peace in everything that you do. May goodness, kindness and mercy come your way and you gain wisdom and grow in the Lord everyday.

Experience is that marvelous thing that enables you to recognize a mistake when you make it again!

Life...

Even though I clutch my blanket and growl when the alarm rings, thank you Lord that I can hear. There are many who are deaf.

Even though I keep my eyes closed against the morning light as long as possible, thank you, Lord, that I can see. Many are blind.

Even though I huddle in my bed and put off rising, thank you Lord, that I have the strength to rise. There are many who are bedridden.

Even though the first hour of my day is hectic, when socks are lost, toast is burned and tempers are short, my children are so loud, thank you, Lord, for my family. There are many who are lonely.

Even though our breakfast table never looks like the pictures in magazines and the menu is at times unbalanced, thank you, Lord, for the food we have. There are many who are hungry.

Even though the routine of my job is often monotonous, thank you, Lord for the opportunity to work. There are many who have no job.

Even though I grumble and bemoan my fate from day to day and wish my circumstances were not so modest, thank you, Lord, for life.

*"Lord, lead me to do Your will.
Make Your way plain for me to
follow" —Psalms 5:8*



No Time—

I knelt to pray but not for long, I had too much to do.

Must hurry off and get to work, For bills would soon be due.

And so I said a hurried prayer, Jumped up from off my knees, My Christian duty now was done
My soul could be at ease.

All through the day I had no time, To speak a word of cheer.

No time to speak of Christ to friends, They'd laugh at me I feared.

No time—No time, too much to do

That was my constant cry, No time to give to those in need, At last, t'was time to die.

And when before the Lord I came, I stood with down-cast eyes.

Within His hands, he held a book, It was the "Book of Life"

He looked into the book and said—"Your name I cannot find.



Behind the Scenes...Metro Praiz

Claudette Smith, Editor/Publisher

The need to restructure the Metro Praiz Team has become more evident in light of some of our engagements—Delaware, Indianapolis, and Pine Forge.

These changes allow Miguel to do what he loves to do—teach and direct music!

If you have a question about missed rehearsal, dues, or upcoming events, there is someone available on the team to help you. Miguel's mind needs to be

free to teach music.

If you have a question, your first point of contact she be your section leader.

New in their positions are Derrol McLaren—Equipment Manager. Bridal Thompson—Sales. He has been key in the sales of the Metro Praiz CD. Dawn Brown—Public Relations. Wendy Carrington and myself have joined the Web Team to assist David Carr and Danielle

Fordham.

Danielle Fordham also serves as our Booking Agent, along with Dawn Brown, Bridal Thompson and Deon Roberts.

The Metro Praiz News will be my responsibility—coming out every month with words of encouragement and a directors corner!



Peaceful Power

Your world cannot be at peace until you yourself are at peace. Calm your worries and fears. Let go of your anger and resentment. Look at each difficulty as an opportunity to strengthen your ability to remain peaceful.

When your mind and your spirit are at peace, your thoughts and actions are free to be strong, focused and effective. You cannot force others to be truly peaceful. You cannot shame them into it. Yet by your example you can draw them into the power of your own peacefulness.

Peace will not come to you until there is peace that comes from you. Living in peace does not mean giving in or giving up. Rather, it means having the confidence to let go of your anxieties and insecurities, so you can focus on your positive possibilities.

Decide to live this moment, this day, this life in peace. And though the world around you may swirl with turmoil, you'll be moving positively forward with others sure to follow.

Instructions for Life

1. Take into account that great love and great achievements involve great risk.
2. When you lose, don't lose the lesson.
3. Follow the three Rs: Respect for self
 Respect for others
 Responsibility for all your actions.
4. Remember that not getting what you want is sometimes a wonderful stroke of luck.
5. Learn the rules so you know how to break them properly.
6. Don't let a little dispute injure a great friendship.
7. When you realize you've made a mistake, take immediate steps to correct it.
8. Spend some time alone every day.
9. Open your arms to change, but don't let go of your values.
10. Remember that silence is sometimes the best answer.
11. Live a good, honorable life. Then when you get older and think back, you've be able to enjoy it a second time.
12. A loving atmosphere in your home is the foundation for your life.
13. In disagreements with loved ones deal only with the current situation. Don't bring up the past.
14. Share your knowledge. It's a way to achieve immortality.
15. Be gentle with the earth.
16. Once a year, go someplace you've never been before.
17. Remember that the best relationship is one in which your love for

REMEMBER: Rehearsal resumes Sept. 7, 2001 at 8 p.m. SHARP!!! Enjoy your break!

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WE'RE ON THE WEB!
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Persevere ... "Consider it pure joy, my brothers, whenever you face trials of many kinds, because you know that the testing of your faith develops perseverance...so that you may be mature and complete, not lacking anything." **James 1:2-4, NIV**



The secret of getting ahead is getting started.

The secret of getting started is breaking your complex overwhelming tasks into small manageable tasks, and then starting on the first one.

Life's most persistent and urgent question is:
What are you doing for others?

—Martin Luther King, Jr.

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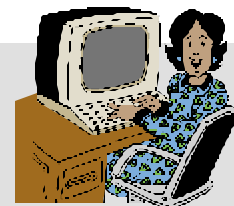
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SALES



Bridal