
METRO PRAIZ NEWS

“Women’s History Month”

March 2001

United Youth Congress

Indianapolis, IN; April 4-8, 2001

Well it’s official!! Metro Praiz has been selected to represent the Allegheny East Conference at the Youth Congress in Indianapolis, IN.

We should be proud of our accomplishment, we should be mindful of all that transpired to get us to this point. Praise God, from whom ALL blessings flow.

This is an opportunity that should be taken full advantage of; just imagine the exposure the choir will receive from this trip? All the dreams we have for this choir, can be realized. With dedication, hard work and commitment. Pray for the choir as we undertake this challenge!

Thanks to you Miguel, for you dedication and hard work! We know we drive you crazy at times; your efforts are to be commended.

Women’s History Month

Have you acknowledged the women in your life?

“Beauty of a Woman”

The beauty of a woman
It’s not in the clothes she wears.
The figure that she carries.
Or the way she combs her hair.
The beauty of a woman
Must be seen from in her eyes,
Because that is the doorway to her heart.

The place where love resides.
The beauty of a woman
Is not in a facial mole,
But true beauty in a woman
Is reflected in her soul.
It is the caring that she lovingly gives,
The passion that she shows,
And the beauty of a woman
With passing years only grows!



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I am captured more by
I am captured more by
dreams of the future than the
history of the past--Thomas Jefferson

UPCOMING PERFORMANCES

All dates are subject to change at any time

March 24

Queens borough Temple, New York, all day
Lunch will be provided
Transportation will be provided, leaves at **5 a.m.**

March 31, 5-8 p.m.

Youth Ministries in concert
Langley Park Community Center

April 4-8

United Youth Congress, Indianapolis, IN
Transportation to be provided
Will have to provide own meals
Hotel room expense, pending, otherwise: \$53 per person for entire trip

April 14

- Youth Sabbath at Metro
- North Carolina Univ. Gospel Choir w/Metro Praiz as 'Special Guest' in Washington D.C.
Venue and Time to be determined
Transportation will be provided

May 5

Candice Drakes Memorial Service at Metro
Time to be confirmed

May 12 – NO YOUTH SABBATH @ METRO

Youth Church at CPC SDA Church
1400 Russell Road, Alexandria, VA
Transportation and Lunch to be confirmed

May 19

Burnt Mills SDA Church
10915 Lockwood Drive
Silver Spring, MD
Arrive no later than 10:00 a.m.
Lunch will be provided
Transportation to be confirmed

Are we putting God on Hold?

Think about this—if you were on the phone, and you received another call; you switch over to find God on the phone. What would you do? Tell God, to hang on? Or would ask God, 'Can I call you back?' Sound crazy huh? But that is exactly what we do in every rehearsal.

We put God on hold when we open our mouth to 'talk' instead of to 'sing', when we're in and out of rehearsal because you see a friend outside that you just HAVE to talk to; we put God on hold when we sit next to our friends because they have something to show you... You're essentially telling God, '...Hang on one second, I've got something more important to do...'

'But I need to go to the bathroom?'—So go, but come right back; 'My throat's dry, I need some water'—get some water and come right back. We need to remember that choir rehearsal is not just for learning music, it's for spending time with God. Every time we sing, we sing to *his* praises, not our own. Rehearsal is *not* a hangout. If we came into rehearsal as close to on time as we can, practiced what we needed to practice, minus the interruptions and the constant talking, our rehearsals would be a lot more productive. And we can go home early!

There is a significant amount of work and effort that goes on *behind* the scenes just for a rehearsal, let alone a performance. Music has to be found and learned by Miguel so he can teach it to us; we need musicians—if we don't have musicians, we need tape recorders, and keyboards, etc. I have to learn the words so they can be provided to you in this newsletter, and list continues. We need to be mindful of all that's involved in leading this choir.

We need to stop wasting our rehearsals. We're wasting each other's time, Miguel's too!

We're singing to God's Honor and Glory! Let us strive to have a more productive, playful time with God each and every rehearsal!

Give your troubles to God; He'll be up all night anyway

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We're online: Metro Praiz Website

<http://metropraiz.00song.com>

PERFORMANCE DATES CONTINUED...

June 2

Pennsylvania Avenue SDA

Youth Annual Concert

Time to confirmed

Transportation will be provided

June 9

Youth Sabbath at Metro

June 30

Camp Meeting

Activities to be confirmed

BREAK: July and August

No performances, no rehearsals

August 31

Rehearsal resumes

September (dates to be determined)

- Youth Sabbath at Metro
- First Church Annual Rally

October (dates to be determined)

- Youth Sabbath at Metro
- Delaware Youth Federal Concert
- Metro Praiz Annual Concert, Bowie w/ New Hope Singers coming from London, England

November (dates to be determined)

Youth Sabbath at Metro

December (dates to be determined)

- Youth Sabbath at Metro
- Second Annual Christmas Concert