



Metro Praiz News

August 2002

Don't be afraid to believe that you can have what you want and deserve:

- Watch your "Thoughts," they become words;
- Watch your "Words," they become actions;
- Watch your "Actions," they become habits;
- Watch your "Habits," they become character;
- Watch your "Character," for it becomes your "Destiny."

"For as he thinketh in his heart, so is he" —Proverbs 23:7

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Welcome Back!

Okay, you've had a little break! There wasn't too much singing going on—time to get back to the business of Praising the Lord! You remember our motto... 'Sing for Jesus and Let the Whole World Feel His Power.' Let's sing!

A lot has happened with our choir since we last met in an official capacity...

- ✓ Several of our members are off to college...Lark, Melody, Samantha, and Kim.
- ✓ Danielle Fordham is still undergoing treatment. She is in good spirits and is doing as her doctors are instructing.
- ✓ Lesa Elliott-Caesar has given birth to a beautiful little girl...Kyleisha! Welcome!
- ✓ And Bridal Thompson is off to Pine Forge Academy.

Let's remember our members away from home in prayer.

We have much to prepare for. God has laid out a plan for Metro Praiz and 'we must, we must', heed the call. If we're not going to take God's business seriously, we need to examine why we're here. God didn't think twice before He healed the sick or gave sight to the blind—and He certainly didn't think twice about sacrificing His Son Jesus for us.

Metro Praiz shouldn't think twice about singing... *"Shout joyfully to God, all the earth;*

I Need Your Help...

I'm looking for suggestions for a new name for this newsletter. "Metro Praiz News" works, but let's see if we...you, can make it more interesting. Talk to me...

caesarspalace1018@yahoo.com.

—Claudette Smith, Editor



Sing the glory of His name; Make His Praise glorious" (Psalms 66:1-2). We must take seriously the work, the ministry—the Lord has called us to do.

Remember, the claims of Christ upon our service are new every day. However complete may have been our consecration at conversion, it will do us no good unless it is renewed daily. A consecration that embraces the actual present is fresh, genuine, and acceptable to God. We have not weeks and months to lay at His feet; tomorrow is not ours, for we have not yet received it, but today we may work for Jesus. Today we may lay our purposes before Him for His inspection and approval...This is God's day...this is God's ministry, and you are His hired servant.

Again, Welcome Back!

"Sing for Jesus and Let the WHOLE World Feel His Power".

Congratulations/Happy Birthday

Happy Birthday to Gillian Thomas, Elizabeth Alexis, Jeida Dujon, Sharrano Payne and Dominque Stewart who celebrated birthdays in July.

Happy Wedding Anniversary to Claudette and Calvin Smith who celebrated 3 years of marriage on July 18.

Happy Anniversary to Melissa and Vaughn Andrews who celebrated their first year of marriage on August 5.

Happy Birthday to Patrick Brown, Christopher Cort, Bridal Thompson and Derrol McLaren who celebrated birthdays in August.

We apologize if anyone or any event was missed...Please forward birthday (month and day) to our Secretaries or anniversary dates so you can be recognized.



"I praise You only, Jesus, my Rock of Faith and Redeemer"

"If you are sick and medicine has failed you, if your family is falling apart....rejoice!"



...we've cleaned up the air and polluted our soul...we have higher incomes, but lower morals...

To Believe

To believe is to know, that every day is a new beginning, to trust that miracles can happen, and that dreams really do come true.

To believe is to see angels, dancing among the clouds, to know the wonder of a starlit sky, and the wisdom of the man on the moon.

To believe is to know, the value of a nurturing heart, the innocence of a child's eyes, and the beauty of an aging hand, for it is through their teachings, we learn to love.

To believe is to find strength, and courage that lies within us, when it is time to pick up the pieces, and begin again.

To believe is to know, that we are not alone, that life is a gift, and this is our time to cherish it.

To believe is to know, that wonderful surprises, are waiting to happen, and all our hopes and dreams, are within our reach.

Something To Think About...?

The paradox of our time in history is that we have taller buildings, but shorter tempers; wider freeway, but narrower viewpoints; we spend more, but have less; we buy more, but enjoy it less.

We have bigger houses and smaller families; more conveniences, but less time; we have more degrees, but less sense; more knowledge, but less judgment; more experts, but more problems; more medicine, but less wellness.

We laugh too little, drive too fast, get too angry too quickly, stay up too late, get up too tired, read too seldom, watch TV too much, and pray too seldom.

We have multiplied our possessions, but reduced our values. We talk too much, love too seldom, and hate too often. We've learned how to make a living, but not a life; we've added years to life, not life to years.

We've been all the way to the moon and back, but have trouble crossing the street to meet the new neighbor. We've conquered outer space, but no inner space; we've done larger things, but not better things; we've cleaned up the air, but polluted the soul; we've split the atom, but no our prejudice; we write more, but learn less; we plan more, but accomplish less.

We've learned to rush, but not to wait; we have higher incomes, but lower morals; we have more food, but less appeasement; we

Rejoice

If you're facing a crisis today, if you're sick and medicine has failed you, if your finances are out of control, if your family is falling apart, if bad habits have you hopelessly bound, if you've done absolutely all you know to do and you still have gotten results. Then rejoice! For when human strength ends, the power of God excels.!

Only believe! God's grace is sufficient for you!

I'd Like to Leave A Message...

Please call Lark Pile at 256.726.7736; Samantha Bromfield and Melody Samm are roommates. They can be reached at 256.726.7771.

Lark requested this information be forwarded to the choir. Pray for our members away from home.

build more computers to hold more information to produce more copies than ever, but have less communication; we've become long on quantity, but short on quality.

These are the times of fast foods and slow digestion; tall men, and short character, steep profits, and shallow relationships.

These are the times of world peace, but domestic warfare; more leisure, but less fun; more kinds of food, but less nutrition. These are days of two incomes, but more divorce; or fancier houses, but broken homes.

These are the days of quick trips, disposable diapers, throw away morality, one-night stands, overweight bodies, and pills that do everything from cheer to quiet, to kill.

It is a time when there is much in the show window and nothing in the stockroom; a time when technology can bring this letter to you, and a time when you choose either to make a difference, or throw away an opportunity...

—Author Unknown

Increase your capacity to work with different personalities. God will often bless you through people you don't even like.

Upcoming Performances...PAY ATTENTION!

Saturday, August 31st, RALLY, 4 p.m.
CONCERT, 5 p.m.:

First Church Annual Youth Rally. *Uniform: jeans and PLAIN, NO DESIGN T-shirt.*

Saturday, September 7th, 6 p.m.:
Colgate Gospel Concert Series (with Paul Heflin and Opal Staples) at **Seabrook SDA Church**, 8900 Good Luck Road, Lanham, MD.

Sunday, September 8th, 8 a.m.:
Zion Baptist Church

Saturday, September 14th, Divine Hour:
Youth Sabbath @ Metro

Saturday, September 14th, Afternoon:
CD Release for Roy Patton at First Church.

Sunday, September 15th, 10:30 a.m.:
Corkran UM Church, 5200 Temple Hills Road, Temple Hills, MD.

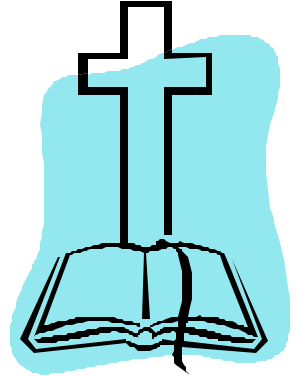
Saturday, October 12th, Divine Hour:
Youth Sabbath @ Metro

Saturday, October 12th, Afternoon:
Sounds of Steel Orchestra Concert at Takoma Park Church (TO BE CONFIRMED)

Details for all engagement are forthcoming.
All dates are subject to change!!



Preparation is underway for our **‘Summer West Indian Tour’**. Ya want to know more? Buckle down and be a full-time member of Metro Praiz. More details to come.



Lord, You alone are worthy of our worship. I praise you with all my heart, and look forward to the day when we shall worship you in heaven

Secretaries Corner

Welcome back! We hope that everyone is ready and willing to work hard to fulfill the ministry that God has called us for.

We have passed the half way mark for the year and we are updating our records and need your cooperation.

If you have moved, changed your e-mail address or phone number(s), or have not been received the weekly e-mails, kindly let us know.

If you have something you'd like to send to the choir, please send your message to either secretary so that it can be added to the Director's Weekly Updates. If you have not submitted your birth date (year is not necessary), please do so as soon as possible so that we can recognize choir members birthdays each month. If you are married, we would also like you to submit your wedding anniversary date. If you do not have a prayer pal, we still have some names left. Please see any of the secretaries. Remember to call your section leaders at about midweek for updates if you are not on the e-mail listing. If you would like to set up an e-mail account, please see either secretary. We are open to suggestions. If you have any, feel free to e-mail us.

There was a suggestion to implement a 'get-to-know-your-members' activity. Starting soon, we will have a 'get-to-know-you' contest. The

rules would be to name (first & last name) the members present. If you can name everyone, you will receive a prize. Everyone is eligible to participate including our Directors.

Want to Join the Choir?

Here is what you need to do:

- ✓ You must be 16 years old,
- ✓ You must see James Jones, Assistant Director to schedule an audition, and
- ✓ You must see the Secretaries—Cherry Sorzano or Terri Joseph, to complete a contact information form.

If you know someone who is interested in joining the choir, please inform them of the above process.

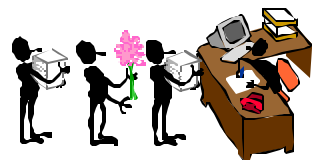
We look forward to working with each one of you for the remainder of 2002. Again, welcome back!

—Cherry Sorzano, Secretary
sorzanocc@yahoo.com

—Terri Joseph, Assistant Secretary
tjoseph@ora.fda.gov

Remember where you are, does not define where you are going. God has a plan for your life. Keep your eye on the prize!

“We hope that everyone is ready and willing to work hard to fulfill the ministry that God has called us for.”



We're here to help you!

Metro Praiz

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*"Sing for Jesus and Let the
Whole World Feel His Power"*



"He delivered us from the power of darkness and transferred us to the kingdom of the Son he loves, in whom we have redemption, the forgiveness of sins" —Colossians 1:13-14

God Has Kept Me Here For A Reason

God has kept me here for a reason. I survived because he has a plan for me. All my bad relationships, the bad credit, the repossessions, the death of my loved ones, the back stabbing from my friends, the negative thoughts, or the lack of support; I made it because I am blessed!

I release and let go of all past hurts, misunderstandings and grudges because I am blessed!

I recognize them as the illusions they are, for God is all there is. All else is a lie! Now give yourself a hug, wipe your tears and walk in victory!!!!!!!

I love you, but more appropriately God loves you BEST! Be blessed and know that you are at one with THE SPIRIT OF THE LIVING GOD! And may the Lord keep watch between you and me when we are away from each other. Genesis 31:49. Amen

IF YOU DO IT RIGHT, GOD WILL BLESS IT RIGHT.

Life Not to Be Trifled With

"So then every one of us shall give account of himself to God" Romans 14:12

All of us, as beings blessed of God with reasoning powers, with intellect and judgment, should acknowledge our accountability to God. The life He has given us is a sacred responsibility, and no moment of it is to be trifled with, for we shall have to meet it again in the record of the judgment. In the books of heaven our lives are as accurately traced as in the picture on the plate of the photographer. Not only are we held accountable for what we have done, but for what we have left undone. We are held to account for our undeveloped characters, our unimproved opportunities...

It is love of selfish ease, love of pleasure, your self-esteem, self-exaltation that prevents you from learning the precious life lessons in the school of Christ. It is the Christian's duty not to permit surroundings and circumstances to mold him, but to live above surroundings, fashioning his character according to the di-

vine Model. He is to be faithful in whatever place he is found. He is to do his duty with fidelity, improving the opportunities given him of God, making the most of his capabilities...

If you are abiding in Christ, learning in His school, you will not be rude, dishonest, or unfaithful. The cross of Christ cuts to the root of all unholy passions and practices. Whatever the nature of your work, you will carry the principles of Christ into your labor and identify yourself with the task given into your hands. Your interest will be one with that of your employer. If you are paid for your time, you will realize that the time for work is not your own, but belongs to the one who pays you for it. If you are careless and extravagant, wasting material, squandering time, failing to be painstaking and diligent, you are registered in the books of heaven as an unfaithful servant... Faithfulness, economy, care taking, thoroughness, should characterize all our work...

"He that is faithful in that which is least is faithful also in much" Luke 16:10

Message of Inspiration...Pastor Brenda Billingy

GET OUT FROM UNDER—Kenneth Copeland

"Greater is He that is in you, than he that is in the world" 1 John 4:4 (Read Colossians 1:9-15)

Under the circumstances... Have you ever caught yourself using that phrase? "I suppose I'm doing pretty good under the circumstances". If you ever said something like that, I want you to kick those words out of your vocabulary right now. Because you, as a victorious child of God, don't have any business living your life "under" your circumstances. You don't have any business letting problems and situations rule over you.

Jesus - the One who is in you - ransacked Satan's kingdom. Through his death on Calvary, He legally entered the regions of Satan - He spoiled principalities and powers and made a show of them openly, triumphing over them. Then Jesus turned around and gave that victory to you. YOU are of God - Remember that! You have overcome through Jesus because He lives in you. You never have to live "under" the circumstances again!